Cambodia

Hello \_\_\_\_\_\_\_,

I am asking you to consider supporting me in my upcoming cycling challenge. The event is called Pedal Against Poverty and I will be cycling to raise money for children in Cambodia. My goal is to cycle \_\_\_\_ km’s and my fundraising goal is € \_\_\_\_.

Did you know that 80% of children living in an orphanage have at least one living parent? This is a fact based on more than 80 years of research\*. Tearfund Ireland are an Irish Development Agency working in Cambodia, working with parents, families and their communities to enable them to raise their children at home, rather than send them to an orphanage.  They also help children who have been sent to an orphanage, return back to their families or communities.

Over the months of July and August I will be cycling \_\_\_ km’s each (day/week) to reach the goal of \_\_\_ km’s. Will you consider supporting me with a one-time donation toward this worthy cause? Any donation, no matter how small, can make a real difference.

(*say something here about your feelings around this challenge*)

There are a few options for making the donation:

* I have set up a page on the iDonate website (insert url here) if you’d like to use that website for your donation.
* I also have a sign-up form if you prefer to give money to me directly – or pledge an amount and I can collect it from you when I’ve completed the cycle.
* Alternatively, you can donate directly to Tearfund Ireland (<https://www.tearfund.ie/> and click on the Donate button) and specify my name in the comments field of the donate form.

Thank you for considering a donation. If you have any questions, feel free to contact me.

\* Research published by: Save the Children (2009) ‘Keeping Children Out of Harmful Institutions’ https://resourcecentre.savethechildren.net/node/1398.pdf

Lebanon

Hello \_\_\_\_\_\_\_,

I am asking you to consider supporting me in my upcoming cycling challenge. The event is called Pedal Against Poverty and I will be cycling to raise money for Syrian refugees living in Lebanon. My goal is to cycle \_\_\_\_ km’s and my fundraising goal is € \_\_\_\_.

Even though we hear little in the news about the Syrian refugees there are still millions of Syrians displaced from their homes. There are thousands of Syrian still living in refugee camps inside Lebanon. Tearfund Ireland are an Irish Christian Development Agency and work with our partners who are support and training thousands of Syrian Refugees in Lebanon.  Food vouchers, hygiene kits, educational supports and Child Friendly Spaces are some of the ways we are working in Lebanon and Syria.

Over the months of July and August I will be cycling \_\_\_ km’s each (day/week) to reach the goal of \_\_\_ km’s. Will you consider supporting me with a one-time donation toward this worthy cause? Any donation, no matter how small, can make a real difference.

(*say something here about your feelings around this challenge*)

There are a few options for making the donation:

* I have set up a page on the iDonate website (insert url here) if you’d like to use that website for your donation.
* I also have a sign-up form if you prefer to give money to me directly – or pledge an amount and I can collect it from you when I’ve completed the cycle.
* Alternatively, you can donate directly to Tearfund Ireland (<https://www.tearfund.ie/> and click on the Donate button) and specify my name in the comments field of the donate form.

Thank you for considering a donation. If you have any questions, feel free to contact me.

Template Self-Help Groups in Ethiopia

Hello \_\_\_\_\_\_\_,

I am asking you to consider supporting me in my upcoming cycling challenge. The event is called Pedal Against Poverty and I will be cycling to raise money for women in Ethiopia who are involved in Self-Help Groups. My goal is to cycle \_\_\_\_ km’s and my fundraising goal is € \_\_\_\_.

Ethiopia struggles with urban overcrowding, lack of infrastructure and poverty. Out of a population of more than 101 million people, over 77 million survive on less than €2 per day. Tearfund Ireland are an Irish Christian Development Agency working in Ethiopia to help the poorest lift themselves out of poverty through a programme called Self-Help Groups. A cross between an entrepreneur incubator and a credit union, Self Help Groups are mostly made up of women because they are the most marginalised.  The members learn to recognise their own capability to save money and, using the assets they have, grow a business to lift themselves out of poverty.

Over the months of July and August I will be cycling \_\_\_ km’s each (day/week) to reach the goal of \_\_\_ km’s. Will you consider supporting me with a one-time donation toward this worthy cause? Any donation, no matter how small, can make a real difference.

(*say something here about your feelings around this challenge*)

There are a few options for making the donation:

* I have set up a page on the iDonate website (insert url here) if you’d like to use that website for your donation.
* I also have a sign-up form if you prefer to give money to me directly – or pledge an amount and I can collect it from you when I’ve completed the cycle.
* Alternatively, you can donate directly to Tearfund Ireland (<https://www.tearfund.ie/> and click on the Donate button ) and specify my name in the comments field of the donate form.

Thank you for considering a donation. If you have any questions, feel free to contact me.