

TEXT THE WORD  
**Tearfund** followed  
by YOUR NAME  
TO **57800**

(€2.50 cost per text,  
Tearfund will receive  
a minimum of  
€1.65\*)

**LET US PRAY**  
GLOBAL POVERTY PRAYER FOCUS



Pastor Joseph Achlu, Ongongora Village church, Uganda. Kieran Dods/Tearfund

## What are you giving ~~up~~ for Lent?

You can give your support to people living in poverty – by praying for them. Pick up our Lent prayer resource or download the 40-day guide at [www.tearfund.ie/prayer](http://www.tearfund.ie/prayer)  
To be part of the answer to your prayers, request a giving box on **01 878 3200** or give by text.

**tearfund**

Registered Charity No. CHY 8600

**REFLECT. PRAY. ACT.**  
[www.tearfund.ie/prayer](http://www.tearfund.ie/prayer)

\*Cost per text is €2.50. Tearfund will receive a minimum of €1.65 ex Vat. Network charges vary. Helpline Phonovation 0818 217 100.